



Hospital Infantil de México
Federico Gómez

Unidad de Investigación Epidemiológica en Endocrinología y Nutrición

LOTERÍA

Instrucciones:

1. Cada jugador elige una tabla al azar.
2. Utiliza un objeto pequeño para marcar las cartas extraídas (piedritas, frijoles, bolitas de papel, etc.).
3. Una persona da comienzo al juego leyendo en voz alta cada una de las cartas.
4. Si la imagen de la carta está en la tabla del jugador, se coloca el objeto encima.
5. Gana quien complete en su tabla todas las cartas y grite "**¡lotería!**"



TABLAS PARA IMPRIMIR



MANZANA



CARNE RES



APIO



ARROZ



CHICHAROS



PAN



**PIMIENTO
MORRON**



MORA AZUL



AGUACATE



BROCOLI



LECHE



UVA



ESPÁRRAGO



CACAHUATE



HABA



PIÑA



LECHUGA



CEBOLLA



KIWI



SARDINA



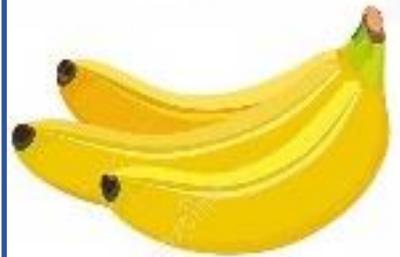
JITOMATE



MANGO



CEREZA



PLÁTANO



NUEZ



ELOTE



ALUBIAS



CALABAZA



PISTACHE



SANDÍA



ALBERJON



MAMEY



**CHILE
POBLANO**



POLLO



ZAPOTE



PASAS



ZARZAMORA



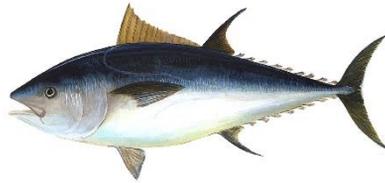
CAMOTE



FRAMBUESA



HUAZONTLE



ATÚN



JÍCAMA



TUNA



**NUEZ DE
LA INDIA**



PERA



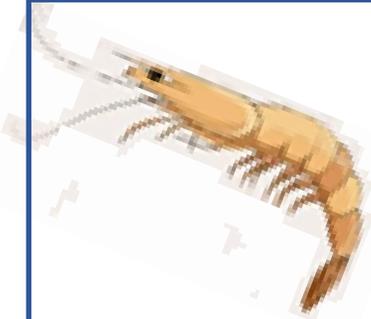
CAÑA



PEPITA



NARANJA



CAMARÓN



MANZANA



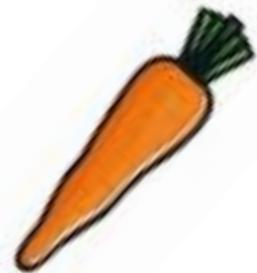
FRIJOLE



PERA



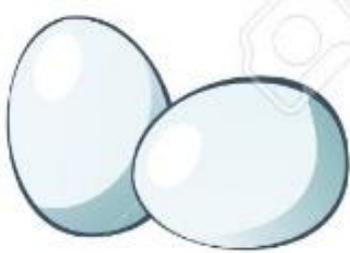
TORTILLA



ZANAHORIA



LENTEJAS



HUEVO



MANDARINA



AGUA



NOPAL



BETABEL



PEPINO



AVENA



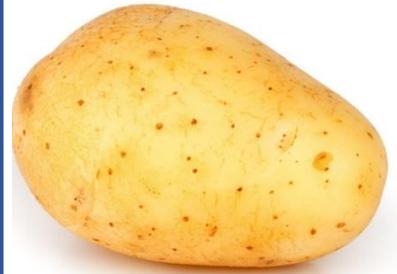
COLIFLOR



MELÓN



CHARALES



PAPA



QUESO



AMARANTO



PORO



ALMENDRA



YOGURTH



PAPAYA



COL



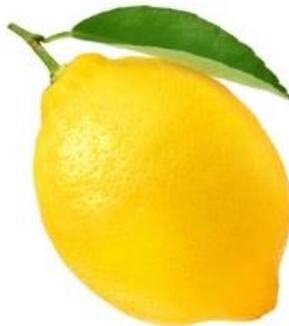
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PAVO**



LIMON



PESCADO



LIMA



**PIMIENTO
ROJO**



FRESA



CALABAZA



TEJOCOTE



MANZANA



CALABAZA



LENTEJAS



ARROZ



ALBERJON



AGUA



**PIMIENTO
MORRON**



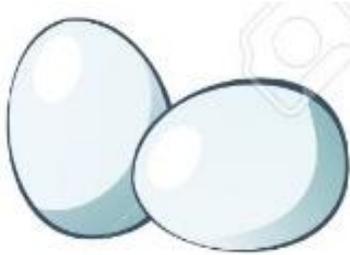
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PEPINO



CARNE RES



HUEVO



PISTACHE



CHICHAROS



NOPAL



MAMEY



MORA AZUL



AVENA



ZAPOTE



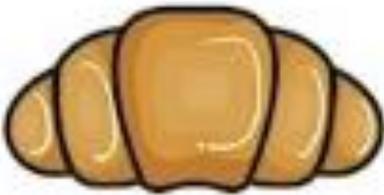
APIO



MANDARINA



SANDÍA



PAN



BETABEL



**CHILE
POBLANO**



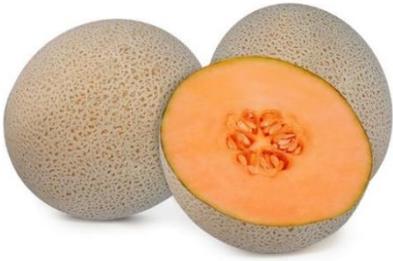
AGUACATE



COLIFLOR



PASAS



MELÓN



ZARZAMORA



BROCOLI



QUESO



HUAZONTLE



ESPÁRRAGO



ALMENDRA



TUNA



PIÑA



LECHE



CHARALES



CAMOTE



CACAHUATE



AMARANTO



ATÚN



LECHUGA



YOGURTH



**NUEZ DE
LA INDIA**



UVA



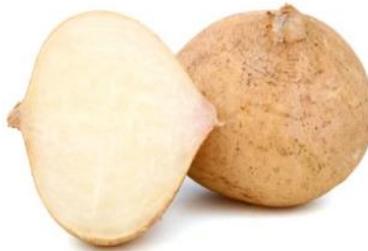
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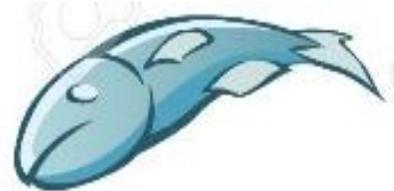
COL



HABA



JÍCAMA



PESCADO



CEBOLLA



PERA



FRESA



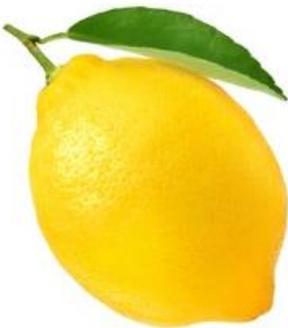
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PAVO**



CAÑA



KIWI



LIMA



CAMARÓN



MANGO



CALABAZA



PERA



NUEZ



SARDINA



LIMON



PEPITA



CEREZA



**PIMIENTO
ROJO**



MANZANA



ELOTE



TEJOCOTE



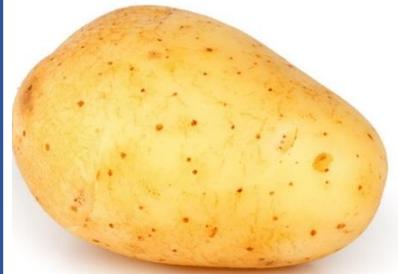
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NARANJA



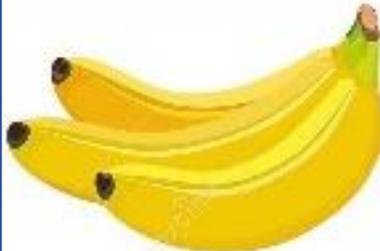
JITOMATE



PAPA



FRIJOLES



PLÁTANO



PORO



ZANAHORIA



ALUBIAS



PAPAYA

IMPRESIÓN DE ALIMENTOS INDIVIDUALES

UIEEN



MANZANA

UIEEN



CARNE RES

UIEEN



APIO

UIEEN



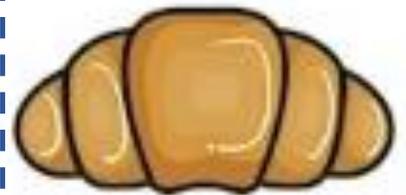
ARROZ

UIEEN



CHICHAROS

UIEEN



PAN

UIEEN



**PIMIENTO
MORRON**

UIEEN



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UIEEN



AGUACATE

UIEEN



BROCOLI

UIEEN



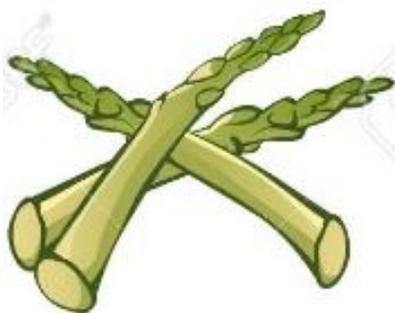
LECHE

UIEEN



UVA

UIEEN



ESPÁRRAGO

UIEEN



CACAHUATE

UIEEN



HABA

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UIEEN



LECHUGA

UIEEN



CEBOLLA

UIEEN



KIWI

UIEEN



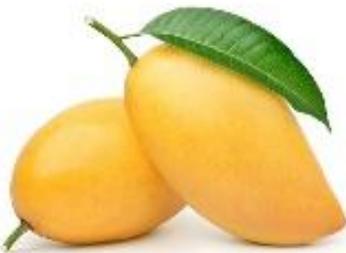
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UIEEN



JITOMATE

UIEEN



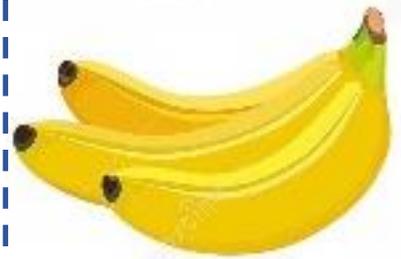
MANGO

UIEEN



CEREZA

UIEEN



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ZARZAMORA

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CAMOTE

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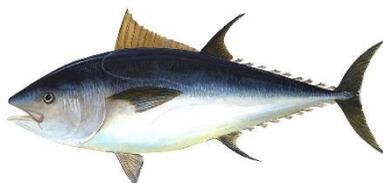
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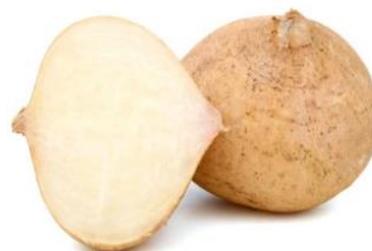
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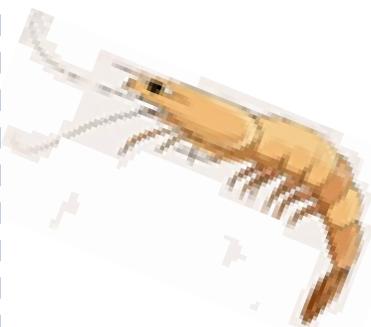
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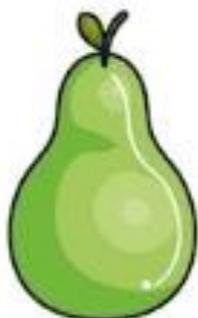
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FRIJOLE

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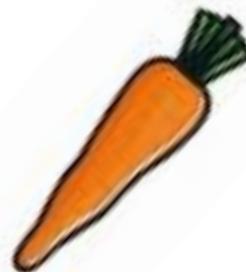
PERA

UIEEN



TORTILLA

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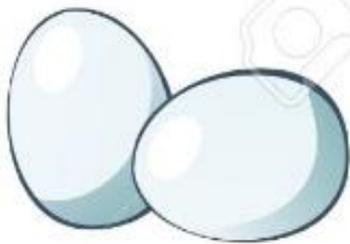
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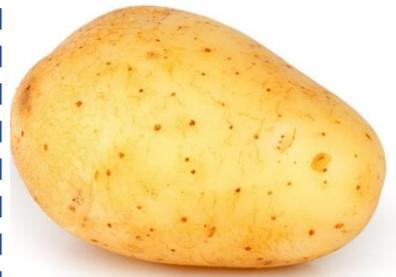
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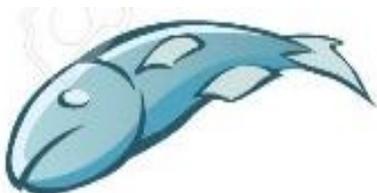
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PAVO**

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UIEEN



PESCADO

UIEEN



LIMA

UIEEN



**PIMIENTO
ROJO**

UIEEN



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CALABAZA

UIEEN



TEJOCOTE